

BERLIN Discipleship Worksheet

Date: _____

Berlin Mennonite is embarking on a way to learn new habits to embody Jesus-like behavior. This is to change our lifelong habits. Aristotle said, *“We are what we repeatedly do. Excellence then, is not an act, but a habit.”* In the same way, our **faith** is not just a choice or even a belief system; it **is a habit**. Our goal is to create habits that reflect a faith that is surprising or intriguing to our neighbors (Salt and Light).

Use this sheet as accountability as you practice new habits to live out your faith.

Habit	Action
<p>Bless others: Pick three people to bless this week – one inside our church, one outside our church, and another of your choice. You can bless others through words of affirmation, acts of kindness, or through gifts.</p> <p>(Gen. 12:2; Gal. 6:2, Heb. 13:16, Matt. 5:16; 5:42; 10:8, Prov. 19:17, Romans 12:13, Phil. 2:4, James 2:14-17)</p>	<p>This week, I will bless:</p> <p>1. (in our church) _____</p> <p>2. (outside our church) _____</p> <p>3. (anyone you choose) _____</p>
<p>Eat together: Have meals with three different people this week – one inside our church, one outside our church, and another of your choice. During COVID, “eating” might simply mean grabbing coffee or tea or going on a walk together.</p> <p>(1 Cor. 10:31, Luke 7:34, Matthew 26:26)</p>	<p>This week, I will eat with:</p> <p>1. (in our church) _____</p> <p>2. (outside our church) _____</p> <p>3. (anyone you choose) _____</p>
<p>Reconcile yourself to others: I will write a journal, identifying myself as “Christ’s ambassador” and to process events, make sense of God’s work, and ask important questions about faith.</p> <p>(2 Corinthians 5:10-20, Ephesians 2:14)</p>	<p>Who do I need to be reconciled with?</p> <p>How is God calling me to be a peacemaker around me?</p> <p><i>Use the back of this page to journal how you identified as Christ’s ambassador.</i></p>
<p>Learn to live like Christ: Spend one period this week learning to know more about Christ through either reading a book about Jesus, reading through a Gospel, or watching a film about him.</p> <p>(John 15:9-11, 2 Cor. 3:18, 1 John 2:3-6)</p>	<p>This week, I will “learn Christ” by:</p> <p>_____ reading through a Gospel</p> <p>_____ reading a book about Jesus (see suggestions)</p> <p>_____ watch a film about Jesus (see suggestions)</p>
<p>Intercede in prayer: I will regularly pray for people in our church on our prayer list, as well as those who come across my path.</p> <p>(Jer. 29:12, Phil. 4:6, James 5:16, Matt. 6:6; 26:41, Mark 11:24, Luke 6:27-28, 1 Thess. 5:16-18)</p>	<p>This week I will pray for:</p>
<p>Notice what the Spirit is up to: I will spend at least one period a week listening for the Spirit’s voice.</p> <p>(John 8:47, Psalm 123:2, 1 Samuel 3:1-21, Isaiah 51:4-7, Jeremiah 11:4, Luke 24:13-35, Acts 8:26-40; 10:9-16)</p>	<p>This week, I will set aside time for silence to listen to God’s Spirit (_____ (time) _____ (place)</p>

